

9 October

X DAYS · THE PEPTIDE EDITION I

DAY 01 · FRIDAY

PROGRAMME

09:30 – 10:00	Registration / Delivery of Welcome Kit	Foyer
10:00 – 10:30	Coffee Break	Foyer
10:30 – 10:45	Return to the Plenary Hall and Preparation for the Opening	Plenary Hall
10:45 – 11:00	MCO Welcome + Video PRCN LAB Roberta Farinola	Plenary Hall
11:00 – 11:15	Intro and Longevity Economy Scenario Overview Ivan Marandola / Kasia Zajkowska	Plenary Hall
11:15 – 11:45	Fundamentals of Peptide Medicine and Clinical Reasoning + Q&A Ksenia Butova	Plenary Hall
11:45 – 12:50	Metabolic Peptides and Incretin Medicine + Q&A Antonio Milocco	Plenary Hall
12:50 – 13:15	Regulation, Quality and Clinical Governance Ivan Marandola	Plenary Hall
13:15 – 13:30	Scaling Longevity Clinics Beyond Bloodwork Filippo Nigro	Plenary Hall
13:30 – 14:30	Lunch Break	Catering Area
14:30 – 15:15	GH Axis and Secretagogues + Q&A Massimo Spattini	Plenary Hall
15:15 – 16:20	Precision Medicine, Longevity Medicine and The Peptide Opportunity + Q&A Christie Prendergast	Plenary Hall
16:20 – 16:50	Coffee Break	Foyer
16:50 – 17:30	Applying Day 1 Decision Frameworks, Supercell OS Ivan Marandola	Plenary Hall
17:30 – 18:00	The Longevity Advocate (HBO) - Preview + Q&A Marek Piotrowski	Plenary Hall
18:00 – 18:30	Round Table with Speakers and Closing of the Meeting M. Novas, C. Prendergast, E. Riggi, F. Golonia, A. Milocco	Plenary Hall

09:20 – 09:30	Opening of Proceedings and Intro Speaker Roberta Farinola / Ivan Marandola	Plenary Hall
09:30 – 10:25	Day 2 Orientation - Cognitive and Neurogenic Peptides + Q&A Enrico Riggi	Plenary Hall
10:25 – 11:30	Immune Modulation and Immune Resilience + Q&A Aletta Sørensen	Plenary Hall
11:30 – 12:00	Coffee Break	Foyer
12:00 – 12:10	Opening Remarks, ISSCA Training Calendar + Video Salih Yildirim	Plenary Hall
12:10 – 13:05	Mitochondrial Longevity + Q&A Maritza Novas	Plenary Hall
13:05 – 13:30	The Role of Metabolomics in the New Paradigm of Integrated Omic Sciences Matteo Cerboneschi	Plenary Hall
13:30 – 14:30	Lunch Break	Catering Area
14:30 – 15:30	Hormonal Axes, HRT, and Peptide Supplementation + Q&A Fabrizio Golonia	Plenary Hall
15:30 – 16:00	Building a Comprehensive Precision Longevity Patient Journey Aletta Sørensen / Maritza Novas	Plenary Hall
16:00 – 16:15	Precision Academy Tools, Resources, Calendar Ivan Marandola	Plenary Hall
16:15 – 16:30	Closing Remarks and Farewell Ivan Marandola / Kasia Zajkowska	Plenary Hall

● **Wi-fi: Free@STEP - Registration Required**